

KALD Organizes ADHD Awareness Event with Volunteering Support from AUK Students

October 22-28 -2024

The Kuwait Association for Learning Differences (KALD) hosted a special ADHD Awareness event from October 22-28, with volunteering efforts from dedicated students at the American University of Kuwait (AUK) Data Club.

Introduction

The American University of Kuwait (AUK) Data Club is excited to announce its recent participation as volunteers for the Kuwait Association for Learning Differences (KALD) in a special event focused on raising awareness about Attention-Deficit/Hyperactivity Disorder (ADHD). This collaboration represents a meaningful step toward enhancing public knowledge about ADHD, a condition that impacts many individuals across all age groups, including children and students.

Our involvement in this event is deeply aligned with the United Nations' Sustainable Development Goal (SDG) 3: Good Health and Well-being, which calls for efforts to ensure healthy lives and promote well-being for all at all ages. By promoting ADHD awareness, the AUK Data Club is contributing to a broader goal of improving mental health and reducing the stigma associated with learning and behavioral differences.

In addition to volunteering during the event, the AUK Data Club also conducted an important survey to gather feedback from the attendees. This survey aimed to assess audience engagement, their understanding of ADHD, and the effectiveness of the resources and information provided during the event. The data collected will be analyzed and shared with KALD to help improve future awareness campaigns and ensure that the right information reaches the community effectively.

Aim of the event

Through our collaboration with KALD, we hope to not only contribute to raising awareness of ADHD but also leverage our data analytics expertise to offer insights that can support future initiatives. This endeavor highlights the AUK Data Club's commitment to both community service and advancing sustainable goals, particularly in the realm of health and education

Student Learning Experience at the KALD ADHD Awareness Event

Volunteering at the ADHD Awareness event was a rewarding experience for the AUK Data Club students. The opportunity to engage with the community and contribute to raising awareness about such an important condition allowed the students to gain firsthand experience in community outreach. Many students expressed how interacting with attendees, particularly individuals and families affected by ADHD, broadened their understanding of the challenges faced by those with learning differences. Furthermore, the involvement in conducting surveys and collecting feedback

provided valuable insight into how data can be leveraged to improve future awareness campaigns. This experience not only deepened their sense of social responsibility but also reinforced the importance of data-driven decision-making in tackling public health issues.



Figure 1: Auk Data club members & KALD team



Figure 2: Dr. Ahmad al Saber & Mrs. Amal al Sayer



Figure 3: Data club members



Figure 3: Data club member Taleen



Figure 4: Data club members Badreldin Taher & Hussain Muthafar



Figure 5: KALD booth



Figure 6: Data club members & KALD hosts



October 28 - 2024

To : **AUK Students – American University of Kuwait.**

From **Kuwaiti Association for Learning Difficulties KALD**

Subject: Appreciation for Your Contribution during **the International ADHD Awareness Month 2024.**

Dear **Esteemed Volunteers,**

I wanted to take a moment to express our sincere appreciation for your valuable contribution to our recent event at the Avenues during **The International ADHD Awareness Month** by conducting the evaluation surveys. Your dedication and professionalism were truly commendable, and your efforts have greatly contributed to the success of our event.

Your meticulous approach to gathering feedback from our visitors and presenting meaningful insights has provided us with valuable information that will help us enhance future events and presence. Your enthusiasm and proactive attitude were truly refreshing, and we are grateful for the positive impact you have made.

Thank you once again for your hard work and dedication. Your contribution has been invaluable, and we look forward to see you again on the **International Volunteer Day December 5th.**

Warm regards,

Kuwaiti Association for Learning Difficulties KALD



 @kaldkuwait

www.kaldkuwait.org

Al-Khaldiya, Block 3, Street 33, Building No.15

T +965 24912963 **M** +965 66096581 **E** Info@kaldkuwait.org